

ELIGIBILITY CONDITIONS FOR APPEARING IN THE EXAMINATION FOR THE POST OF FIREMAN.

In order to be eligible candidate must poses the following minimum physical standards, age and educational qualification.

1. PHYSICAL REQUIREMENTS : FOR MALE CANDIDATE

- (a) Height : 5'3" minimum
- (b) Chest : 32" minimum with minimum expansion of 2"
- (c) Weight : 50 Kgs. minimum

PHYSICAL REQUIREMENT : FOR FEMALE CANDIDATE

- (a) Height : 5' minimum
- (b) Weight : 45 Kgs. minimum

2. EDUCATIONAL QUALIFICATIONS AND OTHER CONDITIONS.

- (a) Minimum Educational Qualification. : ~~Minimum~~ class ~~X~~ passed from any recognized board.
- (b) Age : Should have attained the age of 18 years and should not exceed 22 years as on The maximum age limit is relaxable by 5 years in case of SC/ST/BL/PT candidates, 4 years for OBC (Central List) candidates, 3 years for OBC (State list) candidates.
- (c) Other Requirements:
 - (1) Should be conversant with the customs and usages of Sikkim.
 - (2) Should have knowledge of any of the State languages viz. Nepali, Sikkimese Bhutia, Lepcha and Limboo.
 - (3) Should have valid local employment card.
- (d) Requirements for Home Guards Candidates :
 - (1) Should have completed ~~03~~ years of service as on
 - (2) Should be in possession of an enrolment or discharge certificate issued by Deputy Commandant General, Home Guards.
 - (3) Should not have been charged for offence (s) and punishment listed under 15(2) of the Sikkim Home Guards Rules, 1993.

SCHEME OF EXAMINATION

The competitive examination comprises of 3 successive stages.

Sl. No.	Subject	Marks	Time
1	Physical Endurance Test	75	-
2	Written Examination	100	2.30 hr.
3	Viva Voce	25	-

1st Stage –Physical Endurance-cum-Physical Efficiency Test: (PET) - 75 Marks.

1. All the applicants have to appear in the Physical Endurance-cum-Physical Efficiency Test (PET).
2. Candidates appearing in the PET should qualify in each of the following five events. Failure to qualify in any one of the events would mean their disqualification for the post of Fireman.
3. The candidates those qualified in PET, the Sikkim Public Service Commission shall draw a merit list to call for appearing in the main examination.

The standards of Physical Endurance-cum-Physical Efficiency Test prescribed for Fireman are as follows:-

(a) 100 Meter Race :

Male Candidates	Female Candidates	Level	Marks allotted
Below \leq 13.00 seconds	Below \leq 16.5 seconds	A	15
13.01 \geq to \leq 14.50 seconds	16.51 \geq to \leq 18.0 seconds	B	12
14.51 \geq to \leq 16.0 seconds	18.01 \geq to \leq 19.50 seconds	C	09
Above 16.01 seconds	Above 19.51 seconds	D	Failed and disqualified

The time taken from start to finish is noted by means of a stopwatch and recorded. Candidates will have only one chance at the event.

(b) 1500 Meter Race :

Male Candidates	Female Candidates	Level	Marks allotted
Below \leq 5:5 minutes	Below \leq 6:5 minutes	A	15
5:6 \geq to \leq 6:75 minutes	6:6 \geq to \leq 8:0 minutes	B	12
6.76 \geq to \leq 8:0 minutes	8.01 \geq to \leq 9.50 minutes	C	09
Above 8:01 minutes	Above 9.51 minutes	D	Failed and disqualified

The time taken from start to finish is noted by means of a stopwatch and recorded. Candidates will have only one chance at the event.


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(c) **High Jump (Maximum three chances at the qualifying level and one chance at each subsequent level)**

Male Candidates	Female Candidates	Level	Marks allotted
Above \geq 1.40 meters	Above \geq 1.15 meters	A	15
1.31 \geq to \leq 1.39 meters	1.00 \geq to \leq 1.14 meters	B	12
1.10 \geq to \leq 1.30 meters	0.85 \geq to \leq 0.99 meters	C	09
Below 1.09 meters	Below 0.84 meters	D	Failed and disqualified

The cross bar is placed at the minimum height. Those who qualify in three or less attempts will be allowed one attempt at the next level. Those who qualify this level will be allowed one attempt at the last level. Candidates are placed in the level A, B or C as per their best jump and given marks accordingly.

(d) **Long Jump (Maximum three chances)**

Male Candidates	Female Candidates	Level	Marks allotted
Above \geq 4.50 meters	Above \geq 3.40 meters	A	15
4.06 \geq to \leq 4.49 meters	3.01 \geq to \leq 3.39 meters	B	12
3.60 \geq to \leq 4.05 meters	2.60 \geq to \leq 3.00 meters	C	09
Below 3.59 meters	Below 2.59 meters	D	Failed and disqualified

Three lines are marked at the three distances indicated above from the front edge of the take off point. Each candidate will have three jumps and will be placed in level A, B or C as per his best jump and marks awarded accordingly. If while jumping a candidate touches the ground beyond the front edge of the take off point it will be treated as a foul. Whether fair or foul, only three jumps will be allowed.

(e) **Shot-Put (three chances)**

Male Candidates	Female Candidates	Level	Marks allotted
Above \geq 7.11 meters	Above \geq 4.76 meters	A	15
6.21 \geq to \leq 7.10 meters	4.26 \geq to \leq 4.75 meters	B	12
5.30 \geq to \leq 6.20 meters	3.75 \geq to \leq 4.25 meters	C	09
Below \leq 5.29 meters	Below \leq 3.74 meters	D	Failed and disqualified


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A circle 7.11 meters in diameter will be drawn. Two lines 30 and 60 will be drawn to form the sector in which the shot is to be thrown. Three arcs will then be drawn in this sector all distances stated above from the front edge of the circle. Each candidate will have three chances with 16 lb weight for men and 12 lb weight for women and his/her best performance level A, B or C will be recorded and marks awarded accordingly. If while throwing, a candidate touches the ground in front of circle it will be treated as a foul. Whether fair or foul, only three chances will be allowed.

2nd Stage: WRITTEN EXAMINATION: 100 MARKS

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The written examination shall be of class X standard as below:-

- (i) English, Mathematics and General Knowledge (Multiple Choice Questions) pertaining to the World, India & Sikkim, including current affairs & reasoning. – 80 Marks.
- (ii) Short essay and letter writing – 20 marks.

3rd Stage: VIVA – VOCE - 25 Marks



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